

Skin is a reflection of your inner being.

Many skin irregularities can be addressed by a complimentary makeup and skin consultation with a daily skin care routine one can commit to along with professional treatments.

Massage

Heal your mind and relax your body with one or a combination of the following techniques.

Deep Tissue: Strong and muscle penetrating to alleviate tightness and strain. **Lomi Lomi:** Hawaiian inspired "dance of massage" incorporates long, flowing, rhythmic movement.

Shiatsu: Japanese acupressure applied to specific points to release muscular tension. **Swedish:** Alleviate stress with this classic and timeless favorite of light, flowing movements.

Reflexology: Ancient oriental method of massage is applied to pressure points on the soles of the feet that correspond to internal organs of the body. **Hot Stone:** Placed on key pressure points in conjunction with Reflexology and lymphatic drainage for complete face and body relief (extra \$10 charge with any hour and 30 minute massage)

Hourly Massage

30 minutes...\$40 1 hour...\$66 Deep tissue...\$77
1 hour and 30 minutes...\$95

Duo Massage

Experience it with a friend. 1 hour...\$140

Gift Certificates

It's the finest way to tell someone you care about to take time for themselves.

All major Credit Cards Accepted

Hands and Feet

Sports Manicure	23	Relieve the stress and trauma you put on those hard working hands and feet. The perfect gift for men. Paraffin treatment includes Shea Butter massage.
Manicure 1 hour	30	
French Manicure	+5	
Color Change	10	
Gems	+5	

Express Pedicure

Enjoy a relaxing foot bath as your feet are exfoliated of calluses, followed by nail, cuticle and foot grooming. Finalized with a wonderful stress-relief massage and a OPI color of your choice.

45 minutes...\$38 Sports pedicure...\$30

Chocolate & Roses Pedicure

A decadent treat for your tootsies! Splash around in a English rose garden foot bath. We then exfoliate with our chocolate mint leaf scrub, masque, massage with Whipped Chocolate Body Butter, then paraffin and slip them in booties- yummy!

1 hour and 30 minutes...\$55

Hot Stone Milk & Honey Buttered Toes

A foot massage to die for! Using Body Butter and hot stones, we give a therapeutic reflexology massage, then tuck your feet away into booties. This treat leaves feet silky soft and moisturized.

1 hour and 30 minutes...\$55

Waxing

Eyebrows		Eyebrow Tint	20
New Design	\$20	Eyelash Tint	25
Clean Up	15		
Chin	10		
Upper Lip	10		
Half Arm	25		
Full Arm	35		
Under Arm	20		
Half Leg	40		
Full Leg	55		
Back*	35-up		
Stomach*	35-up		
Bikini*	30-35		
Brazilian	50		
European	55		

* Depending on hair removal amount.

Escape to

Serenity



Spa Pierman

Body & Skin Care Specialist

Featuring:

Jane Iredale
Mineral Makeup

Dermalogica

Dermal Institute
trained and certified

582 Rio Lindo
Chico, CA 95926

Bus 530.894.4091

april@spapierman.com
www.spapierman.com